

TELL ME SOMETHING GOOD

Here are some questions to consider when thinking about the thing you love.

Basics:

What is the thing you love that you've chosen to talk about? Why did you choose it?
What do you love about it? (This is vague on purpose.)

Your journey with this thing you love:

How did you come to love this?
When did you first come to love this? Or discover it?
What has your journey been like in loving this thing?

Getting into the details:

Do you have a favorite part of this thing? What is it? Why?
What things do you think you see about or get from this thing that others might not?
If you could describe the virtues and values of this thing to someone who you felt just didn't get it (maybe you've already had this experience before, or maybe not), how would you talk about this thing?
Does loving this thing have a temporal component? Maybe it's time-limited somehow?
Or maybe you hope to do something more or different with it in the future?

Making connections:

How does loving this thing relate to other parts of your life or the world?
Are there people or groups that you wish had access to/could learn about this thing you love? What do you wish they knew or could experience?

Your experience of loving this thing:

What gets you most excited about loving this thing?
What do you feel in your body when you think about or participate in this thing?
Are there emotions associated with this thing for you? What are they?
Have you made sacrifices to love this thing?
What's it like for you to talk, write, or think about loving this thing?

Making meaning:

Have you learned anything about the world or about yourself from loving this?
What does it mean to you to love this thing?
What is the importance of this thing in your life?